

OL' JACK

CHOREOGRAPHER:

MUSIC:

DESCRIPTION:

INTRODUCTION:

CELIA STEVENS (NZ) AUGUST'09

"A JACK TO A KING" BY ARLY KARLSEN

32 COUNT 4 WALL

16 COUNT INTRO START ON THE WORD "KING"

BEATS:

STEPS:

THIS DANCE IS DONE IN ALL FOUR DIRECTIONS ROTATING ANTI CLOCKWISE.

1 – 8

&-BALL STEP, SCUFF, FWD SHUFFLE, 1/2 PIVOT, SHUFFLE FWD.

& 1,2

STEP R BACK, STEP L FORWARD, SCUFF R FORWARD

3&4

STEP R FORWARD, STEP L BESIDE RIGHT, STEP R FORWARD

5,6

STEP L FORWARD, PIVOT 1/2 TURN RIGHT WEIGHT ENDS ON R (FACING 6:00)

7&8

STEP L FORWARD, STEP R BESIDE LEFT, STEP L FORWARD

9 – 16

SIDE ROCK/RECOVER, SAILOR STEP, BEHIND, TOUCH, SAILOR STEP.

1,2

STEP R TO RIGHT, RECOVER WEIGHT ON L

3&4

STEP R BEHIND LEFT, STEP L TO LEFT, STEP R IN PLACE

5,6

STEP L BEHIND RIGHT, TOUCH R TOE TO RIGHT

7&8

STEP R BEHIND LEFT, STEP L TO LEFT, STEP R IN PLACE

17 – 24

BACK ROCK/RECOVER, SHUFFLE FWD, 1/4, 1/4, 1/4, 1/4.

1,2

STEP L BACK, RECOVER WEIGHT ON R

3&4

STEP L FORWARD, STEP R BESIDE LEFT, STEP L FORWARD

5,6

TURN 1/4 TURN LEFT STEPPING R TO RIGHT (FACING 3:00), TURN 1/4 TURN LEFT STEPPING L TO LEFT (FACING 12:00)

7,8

TURN 1/4 TURN LEFT STEPPING R TO RIGHT (FACING 9:00), TURN 1/4 TURN LEFT STEPPING L TO LEFT (FACING 6:00)

25 – 32

FWD SHUFFLE, ROCK/RECOVER, STEP-LOCK-STEP, 1/4, STEP TOG.

1&2

STEP R FORWARD, STEP L BESIDE RIGHT, STEP R FORWARD

3,4

STEP L FORWARD, RECOVER WEIGHT ON R

5&6

STEP L BACK, STEP R OVER LEFT, STEP L BACK

7,8

TURN 1/4 TURN RIGHT STEPPING R TO RIGHT (FACING 9:00), STEP L BESIDE RIGHT.

32

REPEAT & ENJOY!